

## REGISTER NOW!!

Exciting times ahead.....We have missed YOU and we are ready to see all of you in person!! It's time to reconnect with our LWML sisters!! **The Chesapeake District LWML Christian Life Retreat** is scheduled for a beautiful fall weekend in Virginia!

October 15 - 17, 2021

Hyatt Regency Hotel at Dulles Airport

Theme "**Spa for the Soul**" lead by Ellie Lofaro

Entertainment by Alysia Metallo

Be refreshed, restored, and reminded of God's deep love for you!!



Ellie Lofaro, our Retreat leader, is a respected Bible teacher, author, inspirational speaker and humorist. She loves the Lord & loves to bring solid Biblical teaching, joy & encouragement wherever God leads her. She has spoken at other women's gatherings and the ladies loved her energy and humor. Ellie is excited to bring us a fun/spiritual weekend. (See her bio for further information.)

Alysia Metallo is a singer/songwriter, worship leader, and artist whose faith is the heartbeat of her music and ministry. Her love for foreign languages and cultures is paralleled with her gift of music and performance ministry. She has performed with Stevie Wonder, John Mellencamp, Justine Timberlake, Gloria Estefan, Aretha Franklin and many others. (See her bio in this issue.)

So....don't miss this weekend -- it will be an outstanding event! Invite a friend/sister/mother etc., pack your walking shoes and collected Mites for the Pledge Walk, gather items for devotion book exchange and GET EXCITED to join us for a fabulous time of Christian fellowship! Register Now!!!

—Susan Sohn

Christian Life Chairperson

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### Spa for the Soul Mission Walk at the Christian Life Retreat in October

The Mission Walk at the Retreat will be held on Saturday from 3:15-4:30 pm. The form below will give those attending and our sisters and brothers in Christ at home a chance to support our District Mite Projects by pledging to be a **Soulful Walker!** Use the form below to obtain pledges/donations from friends and family. All monies collected will go to the Chesapeake District Mite Projects. Check should be payable to LWML Chesapeake District with "Walk for Mites" in the memo. So pack your walking shoes and join us at the Hyatt Regency Hotel at Dulles Airport, October 15-17. *Make extra copies if needed.*

Your Name \_\_\_\_\_

Congregation \_\_\_\_\_

#### Pledges for "Life in the Mission" Mite Walk

Name | Amount pledged

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_



Total collected: \$ _____
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### Retreat Leader

### Ellie Lofaro

is a respected Bible teacher, author, inspirational speaker and humorist.

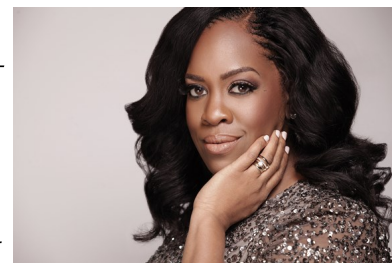
Completely convinced of God's love and His mandate to "go and tell," Ellie has committed her life to sharing the Great News. She speaks internationally, has authored five books (*From Battle Scars to Beauty Marks; Spaghetti for the Soul; Leap of Faith; Slices Of Life; and Bonding with the Blonde Women*), has been published in numerous magazines — and for 15 years, she taught a weekly non-denominational Bible Study which impacted over 1000 women in DC. On two occasions, Ellie has been honored by Focus on the Family as being "The Best of the Best" in their year-end compilations. She has also shared the love of Jesus Christ in prisons across several nations. Ellie's message is a wonderful blend of plainspoken truth, common sense practicality, and disarming humor. A serious student of Scripture and a keen observer of the culture, she has developed a unique teaching style that touches the heart, stimulates the mind, and nourishes the soul — thus inspiring her to establish **Heart Mind & Soul Ministries**. Ellie and her husband Frank (former CEO of Prison Fellowship International and Christian Leadership Alliance), are native New Yorkers. They reside near the nation's capital where they raised three strong willed children who turned into very likable adults. Ellie enjoys travel, any mass of water, photography, good food and being around a dinner table for a very long time. She does not enjoy cooking or cleaning. Or dieting!



### Retreat Entertainer

### Alysia Metallo

Alyssa studied at the Benjamin T. Rome School of Music at the Catholic University of America and earned a degree in Music Education and Piano from the College of Fine Arts at Howard University both in her hometown. She subsequently did graduate work at the University of Santiago de Compostela in Santiago, Spain in a unique program for Spanish teachers. Her love for foreign languages and cultures is paralleled with her gift of music and performance ministry. As an exchange student at the University of Madrid (Studies: Arabic, Hebrew and Portuguese) and a worship leader in the DC area, Alyssa balanced these two areas: music and languages, fully embracing the call on her life to minister in worship to the peoples of the world – all in need of the saving power of the Gospel message.



Alyssa began full-time music ministry as a worship leader at a Northern Virginia mega church in 2009 and eventually became the Director of Creative Arts for two of their satellite campuses establishing creative and technical arts teams. She is a singer/songwriter, worship leader and artist whose faith is the heartbeat of her music and ministry. Her father's disappearance and subsequent death in 2014, her mother and mother-in-law's deaths within months of each other in 2018, were only the beginning of years of mourning that would later follow - with several close family members passing consecutively. Alyssa turned to worship as the catalyst of her healing, writing the award-winning "No Rivals" in response and as a testimony to God's sovereignty. Her unwavering commitment to sharing the love of Jesus through music has been the impetus of her life-style - a life that serves others as while serving God.

Her collaborative credits include opening for Paul Baloche, performing with Matthew West, Gloria Estefan, Justin Timberlake, Stevie Wonder, John Mellencamp, Yolanda Adams, Luther Vandross, Keith and Krystyn Getty, Richard Smallwood, and Charles Billingsley. Her first singles released this year have garnered featured plays on radio and digital platforms in the United States and abroad. She currently leads worship at Christian Fellowship Church in Northern Virginia. She is married to Walter, her biggest supporter and they have three beautiful daughters, Jessica, Gioia and Sofia.



## SPA FOR THE SOUL

LWML Chesapeake District Christian Life Retreat

October 15-17, 2021

Hyatt Regency Dulles

2300 Dulles Corner Blvd.

Herndon, VA 20171

Registration opens at 5:00 p.m.

Welcome and Communion Service at 7:30 p.m.

*Be Refreshed, Restored, and Reminded of God's Love!!*

Rooms are \$119 Single & Double, Triple \$129, and Quad \$139 per room night + tax.

Make your room reservations directly with the Hyatt Regency at 1-877-803-7534.

Tell them you are with the Chesapeake District LWML to get the special room rate.

**Room reservation deadline is September 14, 2021.**

Registration fee for Retreat of \$165 includes sessions lead by Ellie Lofaro,

Saturday lunch, dinner, entertainment by Alysia Metallo, and reception.

**Note: You are on your own for Friday dinner, and Saturday/Sunday breakfast.**

**Registration deadline for the Retreat is Friday, September 25, 2021**

See reverse side for "What to Bring" and weekend details.

Contact: Christine Dennis Johnson

VP Christian Life

[gzd0519@yahoo.com](mailto:gzd0519@yahoo.com)

202-365-8349

Susan Sohn

Christian Life Committee Chair

[ssohn1956@gmail.com](mailto:ssohn1956@gmail.com)

443-756-6404

Mail this registration form with a check for \$165 made payable to "Chesapeake District LWML"

To: Linda Nau, 1810 Ethelred Ct. Midlothian, VA 23113

Note: If a check is returned the individual who wrote the check will be charged the bank fees.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

LWML Zone \_\_\_\_\_ Church Name & City \_\_\_\_\_

Special Diet Needs: No \_\_\_\_\_ Yes \_\_\_\_\_ Specify \_\_\_\_\_

Interested in the Mission MITE Walk? Yes \_\_\_\_\_ No \_\_\_\_\_ (Saturday 3:15 – 4:00 p.m.)

Can you help with one of the following?

Registration \_\_\_\_\_ Greeters \_\_\_\_\_ Ushers \_\_\_\_\_ M&M Store \_\_\_\_\_ as Needed \_\_\_\_\_

**Thank you!**



## *SPA FOR THE SOUL*

*Be refreshed, restored, and reminded of God's Love*

Registration opens at 5:00 p.m. on Friday  
Welcome and Communion Service at 7:30 p.m.  
Sunday's Worship Service at 10:30 a.m.

### Hotel Details

Check-in: 3:00 p.m.

**Reservations:** Everyone should contact the Hyatt Regency directly (877-803-7534) and request the Chesapeake District LWML room block to receive the correct room rate. (Single/Double \$119, Triple \$129, and Quad \$139 per room night plus tax.)

**Amenities:** All rooms have mini fridge, clock radio, iron & ironing board, and coffee maker. Complimentary parking is also provided.

**Restaurants:** There are many dining options close by. The Hyatt Regency has a restaurant and coffee shop.

### Retreat Details:

**Retreat Leader:** Ellie Lofaro is anxious to share her love of God with you. Ellie is a respected Bible teacher, author, inspirational speaker, and humorist. Read her Bio in the *Breeze*.

**Entertainment:** Alysia Mettalo is a very accomplished musician. She will entertain us with hymns, fun sing-alongs, and special solos. Read her Bio in the the August issue of the *Breeze*.

**What to wear:** It is a fall weekend...come casual and comfortable...but remember it is October.

**Bring:** Your Bible; comfortable walking shoes; your checkbook or credit card to purchase great items from the M&M store (LWML products) and for bidding on the Silent Auction items.

AND:

- Ingathering - Underwear and socks (all sizes) and food pantry items
- Used devotional booklets/books for exchange
- Christmas items for a Silent Auction and mini bazaar (optional, donations will go to Mites).
- Mites for donation

### Gifts From the Heart:

Gift Cards for seminarians from Walmart or Target. (\$10 or \$25)

Servant Events will be available on Friday and Saturday afternoons from 3:30-6:00 p.m.

**Offerings:**

1. Friday evening worship w/communion will go to District **Mission Projects**.
2. Sunday morning worship will go to: Pr. Phil and Rachel Jaseph, Missionaries to Uruguay

**Mission Walk:** Saturday afternoon from 3:15 to 4:00 p.m. Enjoy a casual walk with your LWML sisters. There is a beautiful park near the Hyatt Regency with water features and gardens. Use the pledge form in the August 2021 *Breeze* to get sponsors that are not able to participate. All funds will go for Chesapeake District Mission Projects.

**M&M Store, Servant Events, Christmas Silent Auction and Mini Bazaar** will open at 5:00 p.m. on Friday and close at 5:00 p.m. on Saturday.